

## Information for Students Attending the Palmer/Pletsch 5-Week Zoom Workshop FIT & SEW A TAILORED JACKET

This 5-day workshop is held online on Zoom over the course of 5-weeks. In order to make sure that you are easily viewable, there will be a short pre-workshop Zoom meeting to test your equipment. Your instructor will contact you with a Zoom meeting time. It is crucial that you have the appropriate lighting, camera, and mirror so that your instructor can see as much as possible for the best fit. Below is a list of items needed for a successful Zoom workshop.

### Technology/Equipment for a successful Zoom workshop:

- **Computer** – Computer or tablet with strong internet connection
- **Camera** – Clear digital camera that can be positioned for best viewing. This can be a phone, tablet or USB camera, as long as the camera can show the body clearly. A tripod that can place the camera at mid-body height is best.
- **Lighting** – Lighting that allows for clear visibility. Ideally this would be a brightly lit room. However, be careful of backlighting due to windows. A ring light that can highlight areas of the body while fitting is especially helpful.
- **Sound** – Clearly audible speaker and microphone
- **Mirrors** – Full-length mirror in front of the camera, positioned behind you and a hand-held mirror so you can get a back view in your mirror.
- **Table** – Ample table space for altering your patterns and cutting out fabric.
- **Cardboard cutting mat** - Folding cardboard cutting board for a pinnable surface for pattern altering (Dritz Superboard is available [at Joann](#) or [Amazon](#))

### What to wear for a successful Zoom workshop:

Dress comfortably! Layers are best. Consider full coverage if modesty is a concern. Avoid anything that compresses your shape. You will be trying on your pattern tissue and pin fitting in fabric.

- **Comfortable, close-fitted shirt and pant** – snug t-shirt or tank and yoga pants work great. Darker colors are easier for the instructor to see the tissue on camera. The goal is visibility so the instructor can see everything clearly.
- **If you wear a bra** – make it a good-fitting one and one you would wear with the jacket. Please wear the same bra every day of class, especially if you are large busted.
- **Hair tie or clip** – if you have long hair, so we can see the tissue on your back.
- **Chain necklace** – to mark the base of the back of your neck (optional).

### Daily Schedule

The workshop runs from 12pm to 6pm (EST). There will be a 30-minute break for lunch. Plan to do some homework after each workshop meeting to be prepared for the following meeting. You will receive a detailed schedule via email before the workshop starts.

*Pati Palmer*      *Jammie Pontler*

**Note:** This is a sewing workshop with minimal fitting. Please make sure your space is set up to sew!

## Make sure you have the following for the 5-day tailoring Zoom workshop:

Please make sure to purchase/order your supplies at least 2 weeks in advance so you are ready for the workshop. The hyperlinks in this PDF will take you to sources for those highlighted products.

**Pattern:** Our latest Palmer/Pletsch jacket pattern, [Butterick B6960](#). Select your size based on your [high bust measurement](#). (Due to the workshop being online, we ask that all participants work on the same pattern. Techniques learned in this workshop can easily be applied to any of our jacket patterns) **Please make sure that you have tissue-fitted your pattern.** There will only be a quick final look before fabric is cut and we move to pin-fitting.

NOTE: A 1-day Tailoring Tissue-Fitting workshop is offered in advance of this 5-day workshop.

## Alteration supplies:

- \_\_\_ Paper scissors
- \_\_\_ Fabric scissors
- \_\_\_ Seam gauge
- \_\_\_ Tape measure (flexible)
- \_\_\_ Preferred marking tools (chalk wheel, tracing paper etc.)
- \_\_\_ 2" x 18" flexible clear plastic ruler (recommended, but not mandatory)
- \_\_\_ Fat "My First" pencil. The soft lead won't tear the pattern tissue.  
(available at [Office Depot](#) and on [Amazon](#))
- \_\_\_ Fine-tip permanent marker
- \_\_\_ 1 box of 1-3/8" extra-fine glass-head pins (.5mm size is best—will not bend when piercing cardboard surfaces) and a magnetic pin cushion
- \_\_\_ a weighted dispenser holding a roll of 1/2" Scotch Magic Tape in the green box  
(no substitutes—tape is available at [Office Depot](#) and on [Amazon](#))
- \_\_\_ 1 package [Palmer/Pletsch Perfect Pattern Paper](#)
- \_\_\_ French curves (optional)

## Jacket supplies:

- \_\_\_ Fabric – Quality 100% wool crepe, flannel, or tweed for your jacket. Please bring ½ yard extra to test interfacings and for making test samples. For those allergic to wool, suit weight silk and linen work well. Please do not bring a plaid, corduroy, or velvet. We also consider gabardine and lightweight menswear suiting difficult to sew. **Lighter colors are better to be seen on camera. Please pre-steam your fabric prior to the workshop.** This can be done with a good steam iron at home or by taking the fabric to a dry cleaner and asking them to steam it without a crease down the fold. This will save you a lot of time in class. (NOTE: Page 57 *Jackets for Real People* gives an easy way to test whether or not you need to pre-steam your fabric.)
- \_\_\_ Lining – For lining we recommend rayon or polyester or a fun printed blouse-weight silky fabric. Please bring ¼ yard extra for making test samples.
- \_\_\_ 3/8"-1/2" shoulder pads — Pati's favorite is [HERE](#).
- \_\_\_ 1/2" fusible woven tape ([Sewkeyes ½" Woven Stay Tape](#))
- \_\_\_ Fusible interfacings for structure:
  - \_\_\_ 1 yard [Palmer/Pletsch PerfectFuse TAILORultra](#) **AND** 1½ yard [Palmer/Pletsch PerfectFuse LIGHT](#)
  - \_\_\_ 1/4 yard lightweight non fusible interfacing
  - \_\_\_ 1/2 yard cotton or cotton/poly broadcloth (for back stay) or muslin
  - \_\_\_ 4" square of organza (optional for bound button hole)
- \_\_\_ Button

## Books:

- \_\_\_ [The Palmer/Pletsch Complete Guide to Fitting](#) (spiral bound is best for tabletop viewing).
- \_\_\_ [Jackets for Real People](#) (spiral bound is best for tabletop viewing).

For workshop questions contact: Tammie Pontsler • 616-485-1499 • [tammie.pontsler@gmail.com](mailto:tammie.pontsler@gmail.com)

For ordering questions contact George Palmer • 360-260-6965 • [info@palmerpletsch.com](mailto:info@palmerpletsch.com)

*Palmer/Pletsch Certified Sewing Instructors: This workshop will give you 50 PDUs.*