

Information for Students Attending the Palmer/Pletsch
5-Day Fit, Design, Tailor a Jacket Workshop
Richland, Michigan

Dear Attendee,

Here is information about the schedule, what to bring, the hotel, and a little information about the area.

Our Michigan workshops are held at



Fabric Warehouse

8709 Gull Road, Suite B
Richland, MI 49083
269-629-0305

www.fabricationsonline.com
info@fabricationsonline.com



Hotels: Our “ideal suggested schedule” while you are here is to arrive the day before the workshop and get settled into the hotel. Both hotels offer free hot breakfast.

We highly recommend the [Comfort Inn Plainwell](http://www.comfortinn.com) (269-685-9891), which is about 12 miles from the shop. Restaurants and shopping are nearby. An added bonus is being able to stop at the Plainwell Ice Cream Company for what the locals contend is the best ice cream in the country!

The [Comfort Inn Kalamazoo](http://www.comfortinn.com) (269-384-2800), located about 5 miles from the [Kalamazoo/Battle Creek International Airport](http://www.kalamazooairport.com), may be more convenient if you are flying. If arriving by air, Uber and Lyft are available options for getting around if you have not rented a car. The hotel is located at the edge of downtown Kalamazoo, within several blocks of numerous restaurants and shops.

Lunches: We will be offering lunches as well as snacks, water, coffee, and tea. If you have any major food allergies, e-mail janet@fabricationsonline.com and tell her foods you have to avoid and the dates of your class. Do this at least one week in advance. Thank you.

Please do not wear perfume. We have found that some students have allergies to it.

Thank you and see you soon!

Janet Deyson Patti Palmer

Instructor

Janet Dapson is a Palmer/Pletsch Certified Sewing Instructor (CSI) and has attained the Palmer/Pletsch master level of Educational Associate, specializing in bodice/skirt/dress/pant fitting and tailoring techniques. She offers basic to advanced sewing classes, including garment fitting and construction, at her specialty fabric store (Fabrications Fabric Warehouse) located near Kalamazoo, Michigan.

Although she has been sewing for over 50 years, much of her skill was learned on her own. With a degree in biology, sewing was a creative diversion from her career in the biomedical field; it also enabled her to create the professional wardrobe required for her job.

Janet eventually decided to begin a career change, turning her sewing passion into a business. After taking in-depth courses with Pati Palmer and her colleagues in Portland, Oregon, Janet spent several years teaching sewing at her home and at the local Bernina store. In 2003, Janet, her husband (Dick) and daughter (Christine) opened Fabrications. Although most of the classes are now held at Fabrications, Janet occasionally travels throughout the midwest to present lectures and seminars on the Palmer/Pletsch methods.



Tour the Area

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are suggestions at the hotel websites and at discoverkalamazoo.com. A few area attractions are: Kalamazoo Institute of Arts, Kalamazoo Valley Museum, Kalamazoo Nature Center, Kellogg Bird Sanctuary, Kalamazoo Air Zoo, and Gilmore Car Museum. A one-hour's drive north to the Grand Rapids area takes you to the Tanger Outlet Mall, Gerald R. Ford Museum, Grand Rapids Children's Museum and the Frederick Meijer Gardens. Or, take a one-hour drive west to Lake Michigan and its small communities: PawPaw is known for the St. Julian winery; Saugatuck, Douglas, Holland and South Haven are popular beach get-aways for the locals. Thanks to the internet, you can find more information about all of these attractions online.

Palmer/Pletsch 5-Day Tailoring Workshop Schedule — Michigan

You spend some time cutting fabric and interfacing pieces standing at a cutting table, which is tall enough that you do not need to bend over as you would at a kitchen table. It is a good idea to wear very comfortable shoes. The floor is concrete, so bring a cushioned pad to stand on if you wish.

Plan to leave your hotel at 8:30 every morning to allow for possible traffic delays. There is ample parking near the entrance to the Fabrications Fabric Warehouse.

DAY 1:

On the first day, bring alteration supplies.

Bring to class: Your altered jacket pattern, plus fabric and interfacing (if you have already purchased them). Do not bring your sewing machine the first day. The goal on Day One is to cut, fuse and pin-fit your jacket.

9:00 am	Introductions, announcements
12:30 pm	Lunch
1:30 pm	Class continues.
6:00 pm	Class ends for the day.

DAYS 2-4:

9:00 am	Class begins.
12:30 pm	Lunch
1:30 pm	Class continues.
6:00 pm	Class ends for the day.

DAY 5:

9:00 am	Class begins.
12:30 pm	Lunch, graduation certificates, discussion and sharing.
1:30 pm	Class continues. Settle bill with store by 5:00.
4:30 pm	Clean up.
5:00 pm	Workshop ends.

Palmer/Pletsch Certified Sewing Instructors: This workshop will give you 50 PDUs.



Bring the following to the Tailoring Workshop:

Fabrications, the location of our workshop, carries sewing supplies (except weighted tape dispensers and pencils/pens) and gives you a discount on everything you buy during the workshop.

- **Comfortable, easy-to-change-out-of clothes.** Layering allows for adjustment to temperature fluctuations in the classroom. Sleeves shouldn't interfere with sewing. Wear your best-fitting bra and a blouse or top similar to what you would wear under your jacket.
- **A note pad and pen.**
- **Fabric:** Quality 100% wool crepe, flannel, or tweed for your jacket. (Please bring 1/2 yd. extra to test interfacings and for making test samples.) For those allergic to wool, suit weight silk and linen work well. Please do not bring a plaid, corduroy, or velvet. We also consider gabardine and some lightweight menswear suiting difficult to sew. Remember it is not easy to sew on black! White can also add time consuming issues. Please pre-steam your fabric if you have a good steam iron. It will save time in class. We will peruse Fabrications and show you our favorite fabrics. You will receive a student discount on everything you purchase.
- **Lining:** For lining we recommend Bemberg rayon or Hang Free polyester or a fun printed blouse-weight silky fabric. Fabrications has Ambiance and blouse-weight silky fabrics.
- **Interfacings:** If your fabric is soft, it will need interfacings. We will give an interfacing lesson to show you how to make the right choice. Our line of PerfectFuse interfacings is carried at Fabrications. If you have good shoulder pads, bring them. If not, they are in the store.
- **Pattern:** It is very important to bring a pattern that has been altered to fit you. We will check your fit the first morning to make sure you got it right and haven't changed if you had it fitted in a previous fit class. Butterick 6862 is our current modern blazer. It is not mandatory to finish your jacket, but daily goals will be set to help you stay on track. We'd love to see you at least finish the outside seam. But, it is YOUR class so YOU ultimately set your own pace.
- **Sewing machine:** Bring your own, along with its accessories. If you cannot bring your machine, you may request the use of a basic classroom machine in advance; we have two available.
- **Sewing supplies: (Available at store.)**
 - ___ 1 3/8" extra fine glass head pins (.5mm size is best—they will not bend when piercing cardboard surfaces) and a magnetic pin cushion
 - ___ Needles (both hand and machine)
 - ___ Your machine accessories including a zipper foot.
 - ___ Sharp fabric shears and smaller sharp scissors for clipping and trimming
 - ___ Thread clips or embroidery scissors, tape measure, 6" hem gauge, seam ripper
 - ___ See thru gridded plastic ruler
 - ___ A soft lead pencil (#2-4) or Crayola pencil that won't go through tissue.
 - ___ 1/2" Scotch Brand Magic Tape and a weighted dispenser. No substitutes. Fabrications carries 1/2" tape.
 - ___ "Stay tape" sheer stabilizing tape
 - ___ Chalk wheel or other removable fabric marking pen/pencil
 - ___ 1/2 yard cotton or cotton/poly broadcloth (for back stay)
 - ___ optional: tracing paper and wheel

- **Book:** Bring the book *Jackets for Real People* to use as your course manual. A spiral edition is available at Fabrications. It was written as the class is taught, so it will be your “next to the machine” reference. Some have also watched the *Jackets for Real People* DVD before coming to class. *The Palmer/Pletsch Complete Guide to Fitting and Looking Good Everyday* are also excellent references.
- You may also wish to bring a covered, refillable water bottle labeled with your name to limit single-use plastic.

Mark your supplies with your name before class.

Tailoring Teacher Training

When you sign up for the Tailoring Workshop, you can also opt to buy the teacher training files. You will receive the link to download them before the workshop and you should open and review the files. Then, during the workshop, you can ask questions of your instructor.

The teacher training files include: Outlines for teaching, slides in PowerPoint with scripts for teaching 1-3 hour seminars or to use throughout hands-on classes, camera-ready handouts, Palmer/Pletsch wholesale ordering information, special price ordering info on Pati Palmer's Butterick patterns, and tools and suggestions for teaching.

Palmer/Pletsch Certification for Teachers

If you are not already a Palmer/Pletsch Certified Sewing Instructor (CSI), after completing teacher training you are qualified to apply.

If you apply within 30 days of this workshop, you will be able to count this workshop as 50 points toward your 100 needed to renew in one year.

Learn more and download the CSI forms at

<http://www.palmerpletsch.com/certification/>

Palmer/Pletsch CSIs are listed on the Palmer/Pletsch website certified teacher locator.