

Information for Students Attending the Palmer/Pletsch 5-Day Workshop:
Sewing Camp
Richland, Michigan

Dear Attendee,

Here is information about the schedule, what to bring, the hotel, and a little information about the area.

Our Michigan workshops are held at



Fabric Warehouse

8709 Gull Road, Suite B
Richland, MI 49083
269-629-0305

www.fabricationsonline.com
info@fabricationsonline.com



Hotels: Our “ideal suggested schedule” while you are here is to arrive the day before the workshop and get settled into the hotel. Both hotels offer free hot breakfast.

We highly recommend the [Comfort Inn Plainwell](http://www.comfortinn.com) (269-685-9891), which is about 12 miles from the shop. Restaurants and shopping are nearby. An added bonus is being able to stop at the Plainwell Ice Cream Company for what the locals contend is the best ice cream in the country!

The [Comfort Inn Kalamazoo](http://www.comfortinn.com) (269-384-2800), located about 5 miles from the [Kalamazoo/Battle Creek International Airport](http://www.kalamazooairport.com), may be more convenient if you are flying. If arriving by air, Uber and Lyft are available options for getting around if you have not rented a car. The hotel is located at the edge of downtown Kalamazoo, within several blocks of numerous restaurants and shops.

Lunches: We will be offering lunches as well as snacks, water, coffee, and tea. If you have any major food allergies, e-mail janet@fabricationsonline.com and tell her foods you have to avoid and the dates of your class. Do this at least one week in advance. Thank you.

Please do not wear perfume. We have found that some students have allergies to it.

Thank you and see you soon!

Janet Deyson Patti Palmer

Instructor

Janet Dapson is a Palmer/Pletsch Certified Sewing Instructor (CSI) and has attained the Palmer/Pletsch master level of Educational Associate, specializing in bodice/skirt/dress/pant fitting and tailoring techniques. She offers basic to advanced sewing classes, including garment fitting and construction, at her specialty fabric store (Fabrications Fabric Warehouse) located near Kalamazoo, Michigan.

Although she has been sewing for over 50 years, much of her skill was learned on her own. With a degree in biology, sewing was a creative diversion from her career in the biomedical field; it also enabled her to create the professional wardrobe required for her job.

Janet eventually decided to begin a career change, turning her sewing passion into a business. After taking in-depth courses with Pati Palmer and her colleagues in Portland, Oregon, Janet spent several years teaching sewing at her home and at the local Bernina store. In 2003, Janet, her husband (Dick) and daughter (Christine) opened Fabrications. Although most of the classes are now held at Fabrications, Janet occasionally travels throughout the midwest to present lectures and seminars on the Palmer/Pletsch methods.



Tour the Area

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are suggestions at the hotel websites and at discoverkalamazoo.com. A few area attractions are: Kalamazoo Institute of Arts, Kalamazoo Valley Museum, Kalamazoo Nature Center, Kellogg Bird Sanctuary, Kalamazoo Air Zoo, and Gilmore Car Museum. A one-hour's drive north to the Grand Rapids area takes you to the Tanger Outlet Mall, Gerald R. Ford Museum, Grand Rapids Children's Museum and the Frederick Meijer Gardens. Or, take a one-hour drive west to Lake Michigan and its small communities: PawPaw is known for the St. Julian winery; Saugatuck, Douglas, Holland and South Haven are popular beach get-aways for the locals. Thanks to the internet, you can find more information about all of these attractions online.

Palmer/Pletsch Sewing Camp Schedule — Michigan

The goal of this class is to sew any project you would like help with, under the expert guidance of our staff. It is “open sewing” with demonstrations as needed or requested.

Plan to leave your hotel at 8:30 every morning to allow for possible traffic delays. There is ample parking near the entrance to the Fabrications Fabric Warehouse.

DAY 1:

On the first day, bring alteration supplies.

9:00 am Introductions, announcements
12:30 pm Lunch
1:30 pm Class continues.
6:00 pm Class ends for the day.

DAYS 2-4:

9:00 am Class begins.
12:30 pm Lunch
1:30 pm Class continues.
6:00 pm Class ends for the day.

DAY 5:

9:00 am Class begins.
12:30 pm Lunch, certificates, discussion and sharing.
1:30 pm Class continues. Settle bill with store by 5:00.
4:30 pm Clean up.
5:00 pm Workshop ends.

Palmer/Pletsch Certified Sewing Instructors: This workshop will give you 50 PDUs.



Bring the following to Sewing Camp:

Fabrications, the location of our workshop, carries sewing supplies (except weighted tape dispensers and pencils/pens) and gives you a discount on everything you buy during the workshop.

- **Comfortable, easy-to-change-out-of clothes and comfortable shoes.** Layering allows for adjustment to temperature fluctuations in the classroom. Sleeves shouldn't interfere with sewing.
- **Your best-fitting bra** and any other foundations you might wear. Wear the same bra every day of class, especially if you are large busted.
- **Wear a lightweight camisole** over your bra for modesty when being fitted.
- **If you have long hair** bring a hair tie or clip so we can see the tissue on your back.
- **Chain necklace** to mark the base of the back of your neck. (Optional)
- **Patterns** you have already fitted or want to fit. Unless you are not sure of your size, we recommend you tissue-prepare any new patterns that you want to fit (cut, taped, and marked). It saves a lot of time by doing this in advance.
- **Fabric** you would like to cut out and pin-fit. You may peruse Fabrications and we will show you our favorite fabrics.
- **Sewing machine:** Bring your own, along with its accessories. If you cannot bring yours, you may request the use of a basic classroom machine in advance; we have two available.
- **Sewing supplies: (Available at store.)**
 - ___ 1 3/8" extra fine glass head pins (.5mm size is best—it will not bend when piercing cardboard surfaces) and a magnetic pin cushion
 - ___ Needles (both hand and machine)
 - ___ Paper scissors
 - ___ Tape measure, 6" hem gauge, seam ripper
 - ___ Sharp fabric shears and smaller sharp scissors for clipping and trimming
 - ___ See thru gridded plastic ruler
 - ___ A soft lead pencil (#2-4) or Crayola pencil that won't go through tissue.
 - ___ 1/2" Scotch Brand Magic Tape and a weighted dispenser. No substitutes. Fabrications carries 1/2" tape.
 - ___ Chalk wheel or other removable fabric marking pen/pencil
 - ___ 1 package Perfect Pattern Paper
 - ___ 1" elastic cut a little longer than your waist with ends lapped and pinned with a safety pin or Velcro sewn to ends. Get something soft and without the rough ridges. This will be used to mark your waist during fittings.
- **Reference books:** *The Palmer/Pletsch Complete Guide to Fitting* for reference to fit challenges. For pockets and other techniques, you may want to bring *Pants for Real People*, *Jackets for Real People*, *Knits for Real People*, and *Couture, the Art of Fine Sewing*. They are written from experience making them very clear. You'll get great styling tips for your body in *Looking Good...Everyday!*
- You may also wish to bring a covered, refillable water bottle labeled with your name to limit single-use plastic.

Mark your supplies with your name before class.